

REST FOR THE SOUL

Matthew 11:28-30

REST FOR THE SOUL (Matt: 11: 28-29)

- 28) “Come to me, all you who are weary and burdened,
and I will give you rest.
- 29) Take my yoke upon you and learn from me, for I am
gentle and humble in heart, and you will find rest
for your soul

this SOUL-REST ... as out of this world !

REST FOR THE SOUL

(Matt: 11: 28-30)

YES...came to Jesus but got “NO REST” ?

- a) Did Jesus *overstate or exaggerate* what he was capable of delivering ?
- b) or is **HE**...now unwilling to deliver on his promise ?
- ❖ Few of us evangelicals would dare say...

REST FOR THE SOUL

(Matt: 11: 28-30)

REST

- None of us would deny seeking... **“REST”**
- We’ve tried everything but nothing seems to last?
- So where do we go from here ?
- I suggest that we bring matters back to Jesus

REST FOR THE SOUL

(Matt: 11: 28)

❑ *“Come to me,*

Open-Invitation

❑ *All you who are weary and
burdened,*

Who isn't after Covid

❑ *I will give you rest.*

Promise- Assurance

❑ **So Why Doesn't It Work?**

REST FOR THE SOUL

(Matt: 11: 28-30)

“Come to me, all you who are weary and burdened and I will give you rest”.

1-Identifying the obvious weakness within ...

2-Creating an environment that is more...

3-Silence- Stillness & Meaningful Reflection

4-Exploring The Earlier Christian Fathers

REST FOR THE SOUL

(Matt: 11: 29)

- *Take my yoke upon you and learn from me,*

Invite to... **Connect & Learn**

- *for I am gentle and humble in heart,*

Promising... **Gentle- Instruction**

- *and you will find rest for your soul*

Guaranteeing... **Rest for The Soul**

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*You seem “connected” but sadly lacking
“SOUL REST”... ?*

To be continued

