



Each heart knows its own bitterness, and no one else can fully share its joy.

Proverbs14:10 NIV

Pretend

- Pretend you're happy when you're blue
 It isn't very hard to do
 And you'll find happiness without an end
 Whenever you pretend
- Remember anyone can dream
 And nothing's as bad as it may seem
 The little things you haven't got could be a lot if you pretend

So Why Don't You Pretend?

- You'll find a love you can share
 One you can call all your own
 Just close your eyes she'll be there
 You'll never be alone
- And if you sing this melody
 You'll be pretending just like me
 The world is mine it can be yours my friend
 So why don't you pretend





Proverbs 14:10 (NIV)

Each heart knows its own bitterness, and no one else can fully share its joy.

Proverbs 14:10 (EXB)

No one else can know your sadness [LA heart knows its emotional distress], and strangers cannot share your joy.





Proverbs 14:10 (GNT)

Your joy is your own; your bitterness is your own. No one can share them with you.

Proverbs 14:10 (ERV)

When you are sad, no one else feels the pain; and when you are happy, no one else can really feel the joy.

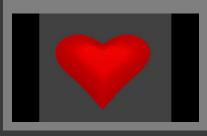


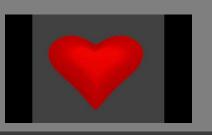


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Proverbs14:10 NIV

- What matters to your heart?
- What makes you sad-what brings your joy?
- Why does it matter to your heart?
- What has taking your heart by surprise ?





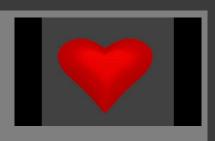
- Each heart knows its own bitterness, (NIV)
- No one else can know your sadness (ERB)
- When you are sad, no one else feels the pain (EXB)
- What does sadness look like / feel like in your life?

SADNESS

- Regret
- Loss / Grief
- Unfilled- Desires
- Unloved-Lonely
- Failure

SAD-because of...





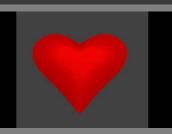
- no one else can fully share its joy, (NIV)
- Your joy is your own; (GNT)
- When you are happy, no one else can really feel the joy. (EXB)
- What does joy look like / feel like in your life ?

- Real-Friendship
- Being-Loved
- Music / Fun
- God
- Family

JOY

JOY-because of...





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Proverbs14:10 NIV

PRETEND

REALITY





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Proverbs14:10 NIV



- There's a limit in how far we can empathise with people
- "I Want You to Know How I Feel" Truly we may never fully know / understand "What You're Feeling "
- The importance of knowing our individual heart

