

WHY?

**Do You
Want
To Grow
Spiritually?**



Why Do People Go To The Gym ?

Exercise

Fitness

Lose
Weight

Muscle
Tone





Do You *& I*

Want To Grow Spiritually?

YES

NO

Exercising Your Faith Diligently

Without faith it is impossible to please God,
Heb 11:6

Exercising Your Faith Diligently

- Would you have more faith?
- Do you find believing so pleasant that you would like to believe more?
- Then take heed that you are diligent in the use of every means of grace –*diligent* in your private communion with God
– *diligent* in your daily watchfulness over time, temper, and tongue – *diligent* in your private Bible reading – *diligent* in your own private prayers. It is vain to expect spiritual prosperity, when we are careless about these things. Let those who will, call it over-precise and legal to be particular about them. I only reply, that there never was an eminent saint who neglected them.
- ~ **J.C. Ryle**

Exercising Your Faith Diligently

HOW?



dreamstime.



Exercising Your Faith Diligently

- Would you have more faith?
- Do you find believing so pleasant that you would like to believe more?
- *Then take heed that you are... **Diligent** in the use of every means of grace*

Diligent in the use *of every means of grace*

- **Diligent** in your private communion with God ?

*You can talk with **God** anywhere- anytime*

Talk with God like you would talk with your friend/mate

Diligent in the use *of every means of grace*

- **Diligent** in your daily *watchfulness* over time, temper, and tongue?

Time

Temper

Tongue

Watch Your Time

It's so easy to waste it

Watch Your Temper

It's so easy to lose it

Watch Your Tongue

It's so easy to let loose with it

Diligent in the use *of every means of grace*

- **Diligent** in your private Bible reading

You can read almost most anywhere with your: Phone- Tablet-PC
lots of bible reading plans available

- **Diligent** in your own private prayer

You can pray anywhere- anytime

In the shower

In the car

In the gym

In the office

Standing

Sitting

\Kneeling

\Jogging

- Let those who will, call it over-precise and legal to be particular about them.
- I only reply, that there never was an eminent saint who neglected them.

Growth

Growth in pleasing – Growing in knowledge

- ⁹We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives, ^[a]
- ¹⁰ so that you may live a life worthy of the Lord and *please* him in every way: bearing fruit in every good work, **growing** in the knowledge of God, **Colossians 1:9-11 (NIV)**

Growth in faith and Love

- ³ We ought always to thank God for you, brothers and sisters, and rightly so, because your **faith is growing** more and more, and the *love all of you have for one another is increasing*.
2 Thessalonians 1:3 (NIV)

Growing -Spiritually

1 Peter 2:2 (NLT)

² Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation.
Cry out for this nourishment,