

Daniel 1: 1-8 (NIV)

¹ In the third year of the reign of Jehoiakim king of Judah, Nebuchadnezzar king of Babylon came to Jerusalem and besieged it.

² And the Lord delivered Jehoiakim king of Judah into his hand, along with some of the articles from the temple of God. These he carried off to the temple of his god in Babylonia^[a] and put in the treasure house of his god.

³ Then the king ordered Ashpenaz, chief of his court officials, to bring into the king's service some of the Israelites from the royal family and the nobility—

⁴ young men without any physical defect, handsome, showing aptitude for every kind of learning, well informed, quick to understand, and qualified to serve in the king's palace. He was to teach them the language and literature of the Babylonians.^[b]

⁵ The king assigned them a daily amount of food and wine from the king's table. They were to be trained for three years, and after that they were to enter the king's service.

⁶ Among those who were chosen were some from Judah: Daniel, Hananiah, Mishael and Azariah.

⁷ The chief official gave them new names: to Daniel, the name Belteshazzar; to Hananiah, Shadrach; to Mishael, Meshach; and to Azariah, Abednego.

⁸ *But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.*

You Are What You Eat

PART 2



You Are What You Eat

REVIEW

Romans 12:2 (NIV)

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will

Daniel 1:8 (NIV)

⁸But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.

You Are What You Eat

- But Daniel resolved not to defile himself with the royal food and wine **WHY?**
- Why would anyone want to choose *broccoli & water* over **steak & wine**?
- What's the big deal in not wanting to eat the king's food etc?
- Why would Daniel (**as a captive**) be willing to put so much at **risk**?
- Is Daniel been a religious fanatic or simply been awkward?
- Or is Daniel operating under a proper biblical principle?

You Are What You Eat

But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.?

Could Romans 12:1.... be the answer?

Romans 12:1 (NLT)

And so, dear brothers and sisters I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.

Therefore I urge you, brothers and sisters, by the mercies of God, to present your bodies [*dedicating all of yourselves, set apart*] as a living sacrifice, holy and well-pleasing to God, *which is your rational (logical, intelligent) act of worship.*

Daniel was not willing to **compromise** or **deviate** from God's Law

Life Lessons *(Identifying With Daniel)*

- *Daniel had to face a new normal* and **so do we**
- Daniel had little or no control over his circumstances/ future and **neither do we**
- Daniel had to learn to live with uncertainty and **we have do so likewise**
- Daniel was unwilling to *compromise or deviate Are We?*
- Maintaining his relationship with God meant **everything** to Daniel ... **what does it mean to me ?**

