

**"The ability to speak  
several languages is an  
asset, but the ability to  
keep your mouth shut in  
any language is priceless."**



# He Is His Own Worst Enemy

## **Proverbs 18:7 (NIV)**

The mouths of fools are their undoing,  
and their lips are a snare to their very lives.

# Being Own Worst Enemy

- **Proverbs 18:7 (NIV)**  
The mouths of fools are their undoing, and their lips are a snare to their very lives.

## Why This Scripture?

1. **Most of us can identify with it?**
2. **It clearly points to Cause & Consequences**
3. ***It can help us avoid or limit potential damage in the future***

# He Is His Own Worst Enemy



Most of us can “**Identify**” with it

## **Proverbs 18:7 (NIV)**

The mouths of fools are their undoing, and their lips are a snare to their very lives.

## **Proverbs 18:7** **The Message**

Fools are undone by their big mouths; their souls are crushed by their words.

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## Proverbs 18:7 (NIV)

The mouths of fools are their **undoing**, and their lips are a snare to their very lives

## Proverbs 18:7 **The Message**

Fools are undone by their **big mouths**; their souls are crushed by their words

It clearly points to  
Cause & Consequences

Self-inflicted

Self-ensnaring

Soul-crushing

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**MEN AND FISH ARE  
ALIKE. THEY BOTH  
GET INTO TROUBLE  
WHEN THEY OPEN  
THEIR MOUTHS.**

*PictureQuotes.com*

Note to self:

Just because it  
pops into my head  
does NOT mean it  
should come out of  
my mouth!

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## Case-Study One

29. One day when Jacob was cooking some stew, Esau arrived home from the wilderness exhausted and hungry.
  30. Esau said to Jacob, “I’m starved! Give me some of that red stew!” (This is how Esau got his other name, Edom, which means “red.”)
  31. “All right,” Jacob replied, “but trade me your rights as the firstborn son.”
  32. “Look, I’m dying of starvation!” said Esau. “**What good is my birthright to me now?**”
  33. But Jacob said, “First you must swear that your birthright is mine.” So Esau swore an oath, thereby **selling all his rights as the firstborn** to his brother, Jacob.
  34. Then Jacob gave Esau some bread and lentil stew. Esau ate the meal, then got up and left. He showed contempt for his rights as the firstborn.
- Genesis 25: 29-34**

### **Proverbs 18:7- (NLT)**

The mouths of fools are their ruin; they **trap themselves** with their lips

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## Case-Study Two

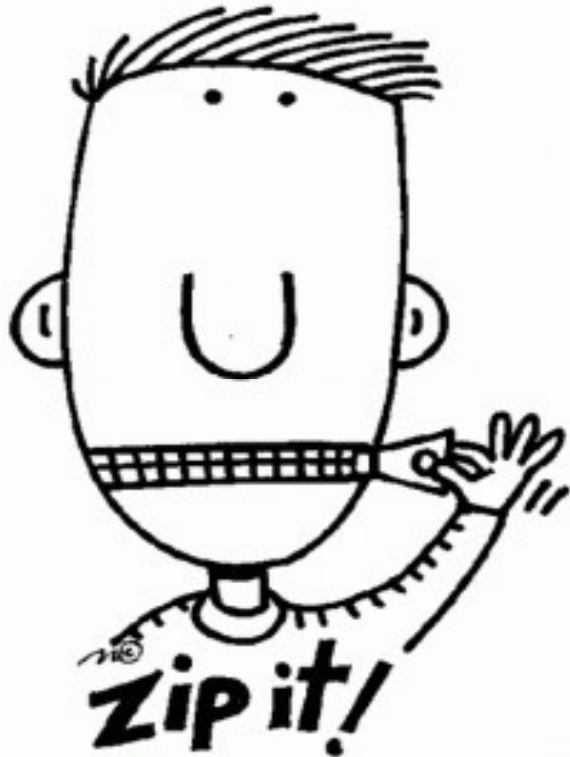
22. “Ask me for anything you like,” the king said to the girl, “and I will give it to you.”
23. He even vowed, *“I will give you whatever you ask, up to half my kingdom!”*
24. She went out and asked her mother, “What should I ask for?” Her mother told her, “Ask for the head of John the Baptist!”
25. So the girl hurried back to the king and told him, “I want the head of John the Baptist, right now, on a tray!”
26. Then the king **deeply regretted** what he had said; but because of the vows he had made in front of his guests, he couldn’t refuse her.
27. So he immediately sent an executioner to the prison to cut off John’s head and bring it to him. **Mark 6: 22-27 NLT**

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## Proverbs 18:7 **The Message**

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*It can help us avoid or limit potential damage in the future*

Self- control

Think- before you talk

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