



- 1) What does it take to **make you** content?
- 2) What does it take to **keep you** content?
- 3) Would be interested **in knowing** the Secret of Contentment



3. Is **ongoing contentment** an issue for you?
4. What is your contentment **based** or **reliant** on?

- The definition of contentment from a biblical perspective is: “An internal satisfaction which does not demand changes in external circumstances”—*Holman Bible Dictionary*.
- I can do all this through him who gives me strength.
- I have the strength to face all conditions by the power that Christ gives me.

The Secret of Contentment

- ¹⁰ I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it.
- ¹¹ I am not saying this because I am in need, for **I have learned to be content** whatever the circumstances.
- ¹² I know what it is to be in need, and I know what it is to have plenty. *I have learned the secret of being content* in **any** and **every** situation, whether well fed or hungry, whether living in plenty or in want.
- ¹³ I can do all this through him who gives me strength.

The Secret of Contentment

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**Contentment-
Regardless of
Circumstances**

The Secret of Contentment

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- ¹³ I can do all this through him who gives me strength.

Contentment-
independent of personal
circumstances

Contentment-
empowered by God

The Secret of Contentment

- I know what it is to be **in need**

- **Hungry**

- Living **in want.**

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S**

- I know what it is to **have plenty**

- **Well fed**

- **Living in plenty**

I can do all this through him who gives me strength.

Learning the Secret of Contentment

1. What does it take to **make you** content?
2. What does it take to **keep you** content?
3. Is **ongoing contentment** an issue for you?
4. What is your contentment **based** or **reliant** on?
5. Have you learned the secret of contentment?
6. Have you learned the secret of contentment all things through Him ?

- Life going well
- Life/ circumstances staying good
- Yes- a Major One
- Life's current circumstances
- NO- Not Really
- Yes but not consistent in applying it

The Secret of Contentment

1-**Contentment** regardless of circumstances

2-**Contentment** in **any** and **every** of circumstance

3-**Contentment** chosen in Faith

4-**Contentment** empowered by **Christ**

"An internal satisfaction which does not demand changes in external circumstances"—*Holman Bible Dictionary*

The Secret of Contentment

The Secret of Contentment

I can do all this by the power of Christ.
He gives me strength.